PERSONAL HEALTH

Just eight risks drive 15 conditions and 80% of healthcare costs.

Nearly 6.5 million people work at approximately 252,000 construction sites across the nation on any given day. The fatal-injury rate for the construction industry is higher than the national average in this category for all industries. There are other hidden risks that also affect your health & safety.

The eight risks and behaviors shown above also affect your finances. Remember that health-plan costs are based on money that your plan pays out for claims as a result of chronic conditions. When bad behaviors and chronic conditions are reduced or eliminated, costs are also reduced for both you and your health plan.

Speaker note: Take time to discuss these eight risks and behaviors. What other benefits would come from a reduction of these? Would reducing even just one of these risk factors make a difference?
DATE: ________________________   JOBSITE: ______________________________________________________________

DISCUSSION LEADER: __________________________________________________________________________________

ATTENDANCE SIGN-IN:

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

OTHER SAFETY ISSUES DISCUSSED:

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

RESULTS OF JOBSITE INSPECTIONS

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________

______________________________________________________________________________________________